

NORTH METROPOLITAN REGION – CENTRAL DISTRICT ATHLETICS 2009

DAY ONE Monday 3rd August 2009 Wavell SHS

Event No		Time	Age Group	Event
1	Females	11.00	13 Yrs	Javelin (400g)
2	Males	AM	13 Yrs	Javelin (600G)
3	Females		14 Yrs	High Jump
4	Females		15 Yrs	Long Jump
5	Males		15 Yrs	Long Jump
6	Males		16 Yrs	Shot Put (5kg)
7	Females		16 Yrs	Shot Put (4kg)
8	Females	11.00	13 Yrs	800m
9	Males	AM	13 Yrs	800m
10	Females		14 Yrs	800m
11	Males		14 Yrs	800m
12	Females		15 Yrs	800m
13	Males		15 Yrs	800m
14	Females		16 Yrs	800m
15	Males		16 Yrs	800m
16	Females		19 Yrs & U	800m
17	Males		19 Yrs & U	800m
18	Females	11.45	14 Yrs	Shot Put (4kg)
19	Males	AM	14 Yrs	Shot Put (4kg)
20	Females		15 Yrs	Javelin (600g)
21	Males		15 Yrs	Javelin (700g)
22	Males		14 Yrs	High Jump
23	Females		19 Yrs & U	Long Jump
24	Males		19 Yrs & U	Long Jump
25	Females	11.45	15 Yrs	3000m
26	Males	AM	15 Yrs	3000m (12.05)
27	Females		17 Yrs	3000m (12.30)
28	Males		17 Yrs	3000m (12.50)
29***	Females		19 Yrs & U	3000m No event see
30***	Males		19 Yrs & U	5000m below
31	Females	12.30	13 Yrs	Shot Put (3kg)
32	Males	PM	13 Yrs	Shot Put (3kg)
33	Males		15 Yrs	High Jump
34	Females		16 Yrs	Long Jump
35	Males		16 Yrs	Long Jump
36	Females		19 Yrs & U	Javelin (600g)
37	Males		19 Yrs & U	Javelin (700g) (17 yrs weight)
38	Females	1.15	15 Yrs	Shot Put (4kg)
39	Males	PM	15 Yrs	Shot Put (4kg)
40	Females		14 Yrs	Long Jump
41	Males		14 Yrs	Long Jump
42	Females		16 Yrs	Javelin (600g)
43	Males		16 Yrs	Javelin (700g)
44	Females	2.00	13 Yrs	Long Jump
45	Males	PM.	13 Yrs	Long Jump
46	Females		14 Yrs	Javelin (600g)
47	Males		14 Yrs	Javelin (700g)
48	Females		15 Yrs	High Jump
49	Females		19 Yrs & U	Shot Put (4kg)
50	Males		19 Yrs & U	Shot Put (5kg) (17 yrs weight)

*** These events have very few competitors, all of who compete in the 17 years 3000m events. Interested students are to enter by nomination.

NORTH METROPOLITAN REGION – CENTRAL DISTRICT ATHLETICS 2009

DAY TWO Thursday 6th August 2009 NUDGEES COLLEGE

Event No		Time	Age Group	Event
51	Females	9.00	13 Yrs	High Jump
52	Males	AM	13 Yrs	High Jump
53	Females		14 Yrs	Triple Jump
54	Males		14 Yrs	Triple Jump
55	Females		19 Yrs & U	Discus (1kg)
56	Males		19 Yrs & U	Discus (1.5kg-17yrs weight)
57	Females	9.00	13 Yrs	400m ##
58	Males	AM	13 Yrs	400m ##
59	Females		14 Yrs	400m ##
60	Males		14 Yrs	400m ##
61	Females		15 Yrs	400m ##
62	Males		15 Yrs	400m ##
63	Females		16 Yrs	400m ##
64	Males		16 Yrs	400m ##
65	Females		19 Yrs & U	400m ##
66	Males		19 Yrs & U	400m ##
67	Females	9.45	13 Yrs	Triple Jump
68	Males	AM	13 Yrs	Triple Jump
69	Females		16 Yrs	Discus (1kg)
70	Males		16 Yrs	Discus (1.5kg)
71	Females	10.00	13 Yrs	80m Hurdles ##
72	Males	AM	13 Yrs	90m Hurdles ##
73	Females		14 Yrs	90m Hurdles ##
74	Females		15 Yrs	90m Hurdles ##
75	Males		14 Yrs	100m Hurdles ##
76	Females		16 Yrs	100m Hurdles ##
77	Females		19 Yrs & U	100m Hurdles ##
78	Males		15 Yrs	100m Hurdles ##
79	Males		16 Yrs	110m Hurdles ##
80	Males		19 Yrs & U	110m Hurdles ##
81	Females	10.30	14 Yrs	Discus (1kg)
82	Males	AM	14 Yrs	Discus (1kg)
83	Females		15 Yrs	Triple Jump
84	Males		15 Yrs	Triple Jump
85	Females		19 Yrs & U	High Jump
86	Males		19 Yrs & U	High Jump
87	Females	10.45	13 Yrs	100m ##
88	Males	AM	13 Yrs	100m ##
89	Females		14 Yrs	100m ##
90	Males		14 Yrs	100m ##
91	Females		15 Yrs	100m ##
92	Males		15 Yrs	100m ##
93	Females		16 Yrs	100m ##
94	Males		16 Yrs	100m ##
95	Females		19 Yrs & U	100m ##
96	Males		19 Yrs & U	100m ##

NORTH METROPOLITAN REGION – CENTRAL DISTRICT ATHLETICS 2009

DAY TWO Thursday 6th August 2009 NUDGEE COLLEGE

Event No		Time	Age Group	Event
97	Females	11.15	13 Yrs	200m ##
98	Males	AM	13 Yrs	200m ##
99	Females		14 Yrs	200m ##
100	Males		14 Yrs	200m ##
101	Females		15 Yrs	200m ##
102	Males		15 Yrs	200m ##
103	Females		16 Yrs	200m ##
104	Males		16 Yrs	200m ##
105	Females		19 Yrs & U	200m ##
106	Males		19 Yrs & U	200m ##
107	Females	11.45	13 Yrs	Discus (1kg)
108	Males	AM	13 Yrs	Discus (1kg)
109	Females		16 Yrs	High Jump
110	Males		16 Yrs	High Jump
111	Females		19 Yrs & U	Triple Jump
112	Males		19 Yrs & U	Triple Jump
113	Females	12.15	13 Yrs	1500m
114	Males	PM	13 Yrs	1500m
115	Females		14 Yrs	1500m
116	Males		14 Yrs	1500m
117	Females		15 Yrs	1500m
118	Males		15 Yrs	1500m
119	Females		16 Yrs	1500m
120	Males		16 Yrs	1500m
121	Females		19 Yrs & U	1500m
122	Males		19 Yrs & U	1500m
123	Females	12.30	16 Yrs	Triple Jump
124	Males	PM	16 Yrs	Triple Jump
125	Females		15 Yrs	Discus (1kg)
126	Males		15 Yrs	Discus (1kg)
127	Females		14 Yrs & U	4x100m Relay] N.B. Relays
128	Males		14 Yrs & U	4x100m Relay] 14 & U
129	Females		16 Yrs & U	4x100m Relay] 16 & U
130	Males	1.30	16 Yrs & U	4x100m Relay] Open
131	Females	PM	19 Yrs & U	4x100m Relay] ONLY
132	Males		19 Yrs & U	4x100m Relay]

Two (2) divisions will be conducted in Hurdles, 100m 200m & 400m events if there are enough competitors. However, a straight final will be conducted if there are not enough competitors for 2 divisions.