

ASPLEY STATE HIGH SCHOOL

SPORTS EDUCATION CURRICULUM RATIONALE

Involvement in physical activity and sport is an integral part of health and personal development. It allows for the development of skills, knowledge and understanding

- To pursue a healthy and active lifestyle
- To participate in a variety of activities at a social, competitive and re-creative level.

All of which contribute towards a students effective citizenship.

AIM & OBJECTIVES of Aspley's Sports Curriculum.

1. Develop attitudes/skills to value and use physical activity for its health benefits.
2. Develop student physical fitness.
3. Develop specific skills to participate in a variety of sporting activities.
4. Develop skills for participation in sport organisation and conduct at all levels.
5. Acquire knowledge of the rules, codes of behaviour of various sports.
6. Develop various social skills of sportsmanship, teamwork and participation.

The Following POLICIES Will Apply

1. School sport is an integral part of the school curriculum and exemptions will only be made by the Administration.
Consultation with the parents will be pre-requisite to any exemptions.
2. Where exemptions are made on medical grounds acceptable alternative programs will be offered.
3. A wide range of activities will be covered with both team and individual sports being provided.
4. Active participation of teachers is required in the conduct of the school sports education curriculum.
5. Opportunities for staff development in teaching/ officiating at sports will be provided where possible.

ORGANISATION

The sports education of students at Aspley High will come from

- 1) The yr 8 sports programme
- 2) The HPE Elective programmes in years 9-12.
- 3) Intra School Sport.
- 4) Inter School Sport.

These **Programmes** are designed to:-

- 1) Introduce/involve students in a variety of activities which will improve personal fitness levels.
- 2) Provide knowledge and skills for students to maintain/improve and assess their fitness levels.
- 3) Introduce and develop skills to participate in a wide range of sports (Year 8-10) leading to active involvement in the inter-school, interhouse and year level sporting competitions.
- 4) Introduce and develop skills to participate in a wide range of activities (Year 10,11-12) which may be used in lifetime competitive or re-creative and social pursuits.
- 5) Provide knowledge of the rules, etiquettes and codes of behaviour of these activities.
- 6) Provide skills for students to be able to organise/ arrange activities on a social/ competitive basis.
- 7) Provide students with knowledge, understanding of hazards of physical activities and skills, and knowledge, attitudes to address these.
- 8) Provide students with knowledge/skills in developing positive relationships with fellow students, team members and class friends.
- 9) Link with Year Level Co-ordinator initiatives (where possible).

INTRA SCHOOL SPORT

Intra school sport encompasses the Inter-House Swimming, Athletics and Cross Country Carnivals. Dates for these carnivals are set on the school calendar. All staff are involved in these events as officials or with the houses engendering spirit and participation. Staff are allocated to a house and may wish to volunteer to be House Master/s or House Mistress/s for the year.

These carnivals are aimed at providing

- 1) Maximum opportunity for participation at whatever level of skills.
- 2) Opportunities to demonstrate leadership, initiative and teamwork in promotion etc.
- 3) The development of team cohesiveness and pride.
- 4) Talent identification for higher level.

Year level co-ordinators may also organise various inter class competitions to meet the above aims at class level.

INTER SCHOOL SPORT

Inter school sport is organised to participate in competition as a member of Central District-Metropolitan North Region. These competitions are held on a Wednesday from 1.15pm to 2.40pm (with some exceptions). The organisation and conduct is subject to the By-Laws and Codes of Conduct of this district

Students in Years 10, 11, 12 from Aspley compete in this competition. Sports Days for Year 9 competitions amongst these schools are held during the year and are on the school calendar. Form teachers for Year 9 are responsible for students at the various venues on those days.

Yr 8 sport is organised between a sub-District comprising Aspley, Bracken Ridge, Earnshaw college and Sandgate High. This is conducted between 1.30 p.m and 2.30 p.m. on Tuesdays

Inter-School Carnivals. The school competes in the District Athletics, Swimming and Cross Country Carnivals.

Representative Sport. Students have the opportunity to gain representative selection in the sports conducted by QSSSSA during the year. They may need to be selected in a "Central District" team to compete at "cluster days" held throughout the year or nominee directly to trial at those "cluster days". The "cluster days" are on the school calendar and sports trialled on those days are determined by QSSSS sport convenors before the beginning of each year. Teachers may nominate to coach/manage/convene teams at a

district/regional level. Nominations are called for usually at the end of each year.

Various other sporting carnivals are participated in during the year as they arise depending on interest/availability of coaches/students eg. Vicki Wilson Netball Competition, Bill Turner Cup(Soccer) Rugby League competitions organised on a Wednesday and Tuesday afternoon and held at Aspley, Buchanan cup (hockey).etc