

# Aspley SHS Canteen Menu 2026

## Sandwiches

<b>Cheese</b>	<b>\$3.50</b>
<b>Ham</b>	<b>\$3.50</b>
<b>Ham &amp; Cheese</b>	<b>\$4.00</b>
<b>Ham, Cheese &amp; Tomato</b>	<b>\$4.50</b>
<b>Egg &amp; Lettuce</b>	<b>\$4.50</b>
<b>Chicken, Lettuce &amp; Mayo</b>	<b>\$5.00</b>
<b>Salad &amp; Cheese</b>	<b>\$5.00</b>
<b>Ham &amp; Salad</b>	<b>\$5.50</b>
<b>Chicken &amp; Salad</b>	<b>\$5.50</b>

## Tortilla Salad Wraps

<b>Cheese &amp; Salad</b>	<b>\$5.50</b>
<b>Ham, Chicken or Sweet Chilli</b>	
<b>Chicken Tender &amp; Salad</b>	<b>\$7.50</b>
<b>Falafel &amp; Salad</b>	<b>\$6.50</b>

\*Salad – pre-order & make your own combination.  
Choose from tomato, lettuce, cheese, cucumber,  
Carrot, capsicum, red onion.  
Sauce: mayo, hummus or ranch

## Chicken Tender Wraps \$6.00

**Warm Chicken Tender, served with  
Cheese & Baby Spinach  
Sauce: Mayo or Sweet Chilli**

## Salads

<b>Garden Salad with cheese</b>	<b>\$6.50</b>
<b>Vietnamese Noodle Salad</b>	<b>\$7.00</b>

Asian style salad with vermicelli noodles with cucumber,  
carrot & bean sprouts, served with a tangy dressing.  
Must pre-order via Qkr!

## Buddha Bowl \$7.00

Brown rice & quinoa, chickpeas, vegies and greens,  
served with a yogurt dressing. Must pre-order via Qkr!

<b>Add Half Egg</b>	<b>\$0.50</b>
<b>Add Chicken, Ham or Falafel</b>	<b>\$2.50</b>

## Cold Food

<b>Jelly Cup / Jelly &amp; Custard Cup</b>	<b>\$2.00</b>
<b>Custard Cup</b>	<b>\$2.50</b>
<b>Watermelon / Fruit Cup</b>	<b>\$3.00</b>

## Ice Blocks

<b>Icy Pole – Lemonade / Raspberry</b>	<b>\$1.50</b>
<b>Chocolate/Strawberry/Vanilla</b>	
<b>Ice-cream tubs</b>	<b>\$2.00</b>
<b>Assorted packets of Chips</b>	<b>\$2.00 - \$3.00</b>

## Hot Food

<b>Garlic Bread \$2.00half /\$4.00 full</b>	
<b>Chicken Burger</b>	<b>\$6.00</b>
<i>Crumbed Chicken Pattie with Lettuce &amp; Mayo</i>	
<b>Cheeseburger</b>	<b>\$6.00</b>
<i>Beef Pattie &amp; Cheese with Tomato Sauce</i>	
<b>Vege Burger</b>	<b>\$6.00</b>
<i>Handmade Pattie, served with Salad, Cheese &amp; Mayo. Must be pre-ordered via Qkr!</i>	
<b>Pork Roll</b>	<b>\$5.50</b>
<i>Pork Riblet with BBQ sauce</i>	
<b>Meatball Sub</b>	<b>\$5.50</b>
<i>Meatballs on a long roll with cheese and served in a tomato-based sauce. Must pre-order via Qkr!</i>	
<b>Pasta Bake – Vege or Beef</b>	<b>\$5.50</b>
<i>Must pre-order via Qkr!</i>	
<b>Macaroni Cheese</b>	<b>\$5.00</b>
<i>Must pre-order via Qkr!</i>	
<b>Meat Pie</b>	<b>\$5.50</b>
<b>Sausage Roll</b>	<b>\$4.50</b>
<b>Zucchini Slice</b>	<b>\$4.50 / \$5.00 with Bacon</b>
<i>Must pre-order via Qkr!</i>	

## Breakfast 8am – 8.25am

<b>Hash Brown</b> <i>Must pre-order via Qkr!</i>	<b>\$2.00</b>
<b>Double Cheese Toastie</b>	<b>\$3.50</b>
<b>Ham &amp; Cheese Toastie</b>	<b>\$4.00</b>
<b>Ham, Cheese &amp; Tomato Toastie</b>	<b>\$4.50</b>
<b>Up &amp; Go (Choc./Vanilla/Straw.)</b>	<b>\$3.00</b>
<b>Yoghurt &amp; Muesli Cup</b>	<b>\$3.50</b>

## Drinks

<b>Water</b>	<b>\$1.50</b>
<b>Assorted Juice 250ml</b>	<b>\$2.70</b>
<b>Flavoured Milk 250ml</b>	<b>\$2.50</b>
<b>Flavoured Milk 300ml</b>	<b>\$3.00</b>
<b>Flavoured Milk 500ml</b>	<b>\$4.50</b>
<b>Iced Tea</b>	<b>\$4.00</b>

## Sushi – Mon. only (per roll) \$4.20

*Assorted Sushi available Mondays only.  
Must be pre-ordered through Qkr! App website*

<b>Lifesaver</b>	<b>\$2.70</b>
<b>Mini Drumstick</b>	<b>\$2.50</b>

Use the Free Qkr! App or Website to pre-order food for all breaks & to guarantee your order. Prices & menu are subject to change. Daily Specials can be purchased through the Qkr! App. Visit our Facebook Page to view the Daily Specials.