External Exam Preparation

Name:			
NULLIE.			

Subject and ?/100 OR AtoE	EA Details (date/type)/ Assessment for Applied	Mock Date for EA	Key Cognitions	Toolkit items!!	What Don't I Know/Still need to do?	My Commitment to good prep strategies (see over page)	Teacher sign- off/Comments

Please read these behaviours and routine for suggestions strategies. Tick those you are using or will commit to use.

Cood Proper	ation Stratogics
Good Frepai	ration Strategies
	Watch a documentary or listen to a podcast on the topic given in class
	Using spaced practice
	Using retrieval strategies
	Using concrete examples
	Using interleaving strategies
	Using dual coding
	Always have a novel or book you are reading
	Are at level 3 proficiency for SCORE, TEEL and QAR
	You have 95% attendance or better
	Use Khan Academy or Woo Tube to watch it explained another way
	Watch a documentary or listen to a podcast on what you are studying or researching
	Use Frayer Model
	Use flashcards to commit content to memory
	Use vocabulary lists
	Use FLIP book
	Use a range of graphic organisers
	Summarise accurately (Cornell notes)
	Use class learning review to help with memory
	Study in "chunks"
	Use pen and paper to study – actively "draw and speak" the content
	Minimise distractions – put your phone away
	"test' yourself during study
	Read your notes out loud
	Use stories to keep your learning in your memory
	Books and notes are clear and organised
	Ask questions when you are unclear
	Focus and ignore distractions. Do not speak while the teacher is teaching.
	Take notes while the teacher is giving direct instruction
	Go to homework club
	Go to tutorials
	Participate in a study group for subjects
	Act on the feedback your teachers gives you (particularly after the mock exam)
	Have a work desk, free from distractions
	Have a study and assessment planner visible