## External Exam Preparation

Name: $\qquad$

| Subject <br> and <br> ?/100 OR <br> AtoE | EA Details <br> (date/type)/ <br> Assessment <br> for Applied | Mock <br> Date <br> for EA | Key <br> Cognitions | Toolkit items!! | What Don't I Know/Still <br> need to do? | My Commitment to <br> good prep strategies <br> (see over page) | Teacher sign- <br> off/Comments |
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Please read these behaviours and routine for suggestions strategies. Tick those you are using or will commit to use.

| Good Preparation Strategies |  |
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|  | Watch a documentary or listen to a podcast on the topic given in class |
|  | Using spaced practice |
|  | Using retrieval strategies |
|  | Using concrete examples |
|  | Using interleaving strategies |
|  | Using dual coding |
|  | Always have a novel or book you are reading |
|  | Are at level 3 proficiency for SCORE, TEEL and QAR |
|  | You have 95\% attendance or better |
|  | Use Khan Academy or Woo Tube to watch it explained another way |
|  | Watch a documentary or listen to a podcast on what you are studying or researching |
|  | Use Frayer Model |
|  | Use flashcards to commit content to memory |
|  | Use vocabulary lists |
|  | Use FLIP book |
|  | Use a range of graphic organisers |
|  | Summarise accurately (Cornell notes) |
|  | Use class learning review to help with memory |
|  | Study in "chunks" |
|  | Use pen and paper to study - actively "draw and speak" the content |
|  | Minimise distractions - put your phone away |
|  | "test' yourself during study |
|  | Read your notes out loud |
|  | Use stories to keep your learning in your memory |
|  | Books and notes are clear and organised |
|  | Ask questions when you are unclear |
|  | Focus and ignore distractions. Do not speak while the teacher is teaching. |
|  | Take notes while the teacher is giving direct instruction |
|  | Go to homework club |
|  | Go to tutorials |
|  | Participate in a study group for subjects |
|  | Act on the feedback your teachers gives you (particularly after the mock exam) |
|  | Have a work desk, free from distractions |
|  | Have a study and assessment planner visible |

